**Regenerate**

By Stephen R. Swinburne

In the tide pool where I dwell,

Five arms grasp a mussel shell.

A crab comes – SNIP! – there goes my arm.

Rude, yes, but I’m not alarmed.

There won’t be need to operate,

Since starfish arms regenerate.

**Starfish**

Starfish, also called sea stars, are related to sea urchins. While urchins are vegetarians, starfish are aggressive carnivores. A starfish first wraps its arms around a mussel or clam. Then it wrenches open the shelled creature, slips its stomach inside the shell, and begins eating. Starfish have an amazing ability to regenerate—a whole new starfish can grow form just one arm and a small part of the body.